

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 9-10am Chair Yoga* 11am Garden Club 1-3pm Movie & TREAT! "WALK RIDE RODEO"-TV-PG	2 10-11am Zumba* @ CC 11-12pm Bal,Card&Wgt * @ CC 12-3pm Mahjong 12 pm Walking Club 1 pm SCRAPBOOKING 1pm OPEN GAMES	3 9-10am Chair Yoga* 11 am Garden Club 12-4pm Games 2pm NEWBURGH LIBRARY POP-UP	4 9am-3pm Art 11am Walking Club 12-3pm Mahjong 1pm CRAFTING CORNER	5	6
7  	8 9-10am Chair Yoga* Lunch Matinee 12:30-4pm REGISTRATION REQUIRED "ORDINARY ANGELS"-PG	9 10-11am Zumba* @ CC 11-12pm Bal,Card&Wgt * @ CC 12-3pm Mahjong 12 pm Walking Club 1 pm WORKSHOP WITH MARITZA *sign-up with Jen* 1pm OPEN GAMES	10 9-10am Chair Yoga* 11 am Garden Club 12-4pm Games 1 pm NAILS BY RIBBONS *sign-up with Jen *	11 9am-3pm Art 11am Walking Club 12-3pm Mahjong 1 pm SCRAPBOOKING	12	13
14 9:30am DANCE AEROBICS* @ Marasco 11 am Walking Club 12-4pm Mahjong 1-2 pm CHAIR PILATES WITH HANNA 2 pm CRAFTING CORNER	15 9-10am Chair Yoga* 11am Garden Club 1-3pm Movie & TREAT! "STARS FELL ON ALABAMA"-PG-13	16 10-11am Zumba* @ CC 11-12pm Bal,Card&Wgt* @ CC 12-3pm Mahjong 12 pm Walking Club 1 pm SIP & PAINT 1pm OPEN GAMES	17 9-10am Chair Yoga* 11 am Garden Club 1 pm MSLC GET A GRIP: COMMON HAND CONDITIONS AND HAND HEALTH	18 9am-3pm Art 11am Walking Club 12-3pm Mahjong 1 pm BOOK CLUB "THE FROZEN RIVER"	19  @ KRISTI BABCOCK PARK	20
21 9:30am DANCE AEROBICS* @ Marasco 11am Walking Club 12-4pm Mahjong 1-2 pm CHAIR PILATES WITH HANNA 2 pm WHEEL OF FORTUNE	22 9-10am Chair Yoga* 11am Garden Club 1-3pm Movie & TREAT! "IN THE LAND OF SAINTS & SINNERS"-R	23 10-11am Zumba* @ CC 11-12pm Bal,Card&Wgt* @ CC 12-3pm Mahjong 12 pm Walking Club 1 pm TRIVIA 1pm OPEN GAMES	24 9-10am Chair Yoga* 11 am Garden Club 12-4pm Games 2pm NEWBURGH LIBRARY POP-UP	25 9am-3pm Art 12-3pm Mahjong 12 pm RESIDENT APPRECIATION SENIOR LUNCH @ CC 1 pm CHILL,CHAT & COLOR	26	27
28 9:30am DANCE AEROBICS* @ Marasco 11am Walking Club 12-4pm Mahjong 1-2 pm CHAIR PILATES WITH HANNA 2pm CHILL,CHAT & COLOR	29 9-10am Chair Yoga* 11am Garden Club 1-3pm Movie & TREAT! "THE STARLING" PG-13 11-2 pm SENIOR PICNIC @ MUNGER COTTAGE	30 10-11am Zumba* @ CC 11-12pm Bal,Card&Wgt* @ CC 12-3pm Mahjong 12 pm Walking Club 1pm STAR SENIOR BIRTHDAY BASH 2pm OPEN GAMES	New Windsor Senior Club Corner: SEPTEMBER 4 & 18 SENIOR CLUB** MTG 1PM @ CC **SENIOR CLUB IS IT'S OWN ENTITY NOT RUN BY THE REC DEPT-- THEIR SIGNUPS AND FEES ARE HANDLED BY THE SENIOR CLUB**		 *SELECT EXCERCISE CLASSES ARE \$5 PAID TO THE INSTRUCTOR* (DANCE AEROBICS, CHAIR YOGA, ZUMBA, & BCW)	